

### **INDIVIDUAL ASSESSMENT**

<b>PRE-TRIP CHECKLIST FOR LEADERS</b>	<b>Discuss Hazards, Risk, &amp; Controls</b>	
Use this checklist when trips are planned. Apply risk management controls if needed.		
<b>Point of origin to destination.</b>		
Destination_____		
Planned rest stops/breaks_____		
Anticipated Weather Conditions_____		
Travel distance one way_____		
Mode of travel_____		
If driving POV: # of licensed drivers_____		
Planned rest stops/breaks_____		
Point of origin departure date and time_____		
Expected destination arrival time_____		
<b>Return from Destination to Point of Origin</b>		
Mode of travel_____		
Planned rest stops/breaks_____		
Anticipated Weather Condition_____		
If driving POV: # of licensed drivers_____		
Planned rest stops/breaks_____		
Destination departure date and time_____		
Expected arrival time at point of origin_____		
VEHICLE CONDITION: OLD                      NEW                      Vehicle Inspected		
INSURANCE: Is soldier's car insurance coverage up to date/current?	<b>Yes</b>	<b>No</b>
DRIVER'S LICENSE: Does soldier possess a valid driver's license?	<b>Yes</b>	<b>No</b>
<b>SIGNATURES</b>		
Soldier Planning Trip: Name/Rank/Signature:_____ DATE_____		
Supervisor: Name/Rank/Signature:_____ DATE_____		

<p><i>Checks soldiers knowledge of important vehicle safety information and identifies areas requiring additional training/emphasis. Conduct survey while vehicle is being inspected.</i></p> <p>1. What is most likely to kill you (or other soldiers)?</p> <p>2. A soldier is required by Army regulation to use seat belts at all times, on and off the installation, while driving or riding in a POV.</p> <p>3. Seatbelts are not necessary if your car is equipped with air bags.</p> <p>4. What time of day do most fatal POV accidents occur where the Army driver is at fault?</p> <p style="padding-left: 40px;">a. 0600-0900 b. 0900-1500 c. 1600-2000 d. 2100-0500</p> <p>5. If you are driving and feel sleepy, what should you do?</p> <p style="padding-left: 40px;">a. Roll down the windows so the fresh air will wake you up b. Turn the radio volume up to keep you alert c. Turn the air conditioner to high so the cool air will wake you up d. Stop and sleep e. Any of the above</p> <p>6. For the average 160-180 pound individual, inhibitions are lessened and judgment begins to be affected after drinking just one beer in one hour or less.</p> <p style="padding-left: 40px;">a. True b. False</p> <p>7. Which of the following factors determine safe driving speed?</p> <p style="padding-left: 40px;">a. Posted speed limit b. Road and weather conditions c. Time of day d. Amount and type of traffic e. a and b f. a thru d</p> <p>8. What days of the week do most fatal POV accidents occur where the Army driver is at fault?</p> <p style="padding-left: 40px;">a. Monday and Friday b. Wednesday, Thursday, and Friday c. Friday, Saturday, and Sunday d. Sunday and Monday</p>	<p>Speed, Fatigue, Alcohol, non-use of seatbelts</p> <p>True False</p> <p>True False</p> <p>D</p> <p>D</p> <p>A</p> <p>F</p> <p>C</p>
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